

## Shore Dance Center Fall Schedule 2022-2023

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Studio I	Studio II	Studio I	Studio II	Studio I	Studio II	Studio I	Studio II	Studio I	Studio II	Studio I	Studio II
4:15-5:15 5-6 y/o Jazz/Hip Hop	4:20-5:20 Petite Jazz/Hip Hop	4:15-5:15 4-5 y/o Ballet/Tap	4:20-5:20 5-6 y/o Ballet/Tap	9:30-10:15 Tiny Tots		4:15-5:15 Petite Ballet/Tap	4:15-5:15 4-5 y/o Ballet/Tap	4:15-5:15 Mini Musical Theater	4:15-5:15 4-9 y/o Acrobatics	9:30-10:15 Tiny Tots / Preschool Ballet (2-4 y/o)	9:00-10:15 Petite Company Technique
5:20-6:20 Petite Jazz/Hip Hop	5:30-6:30 Mini Jazz	5:30-6:30 Junior Lyrical*	5:30-6:30 Mini Lyrical*	10:30-11:30 Preschool Ballet		5:15-6:15 Junior Jazz	5:15-6:45 7-9 y/o Triple Combo (Tap, Jazz, Ballet)	5:15-6:45 Mini Company Technique	5:15-6:45 Junior Company Technique	10:30-12:00 Pre-Teen / Teen / Senior Company Technique	
6:30-7:30 Junior Hip Hop	6:30-7:30 Mini Hip Hop	6:30-7:30 Junior Ballet	6:30-7:30 Pre-Teen Tap	4:15-5:15 Preschool Ballet	4:15-5:15 5-6 y/o Ballet/Tap	6:15-7:30 Pre-Teen Ballet	6:45-7:30 Junior Intro to Contemporary*	6:45-7:15 Leaps/Turns Invite Only	6:45-7:30 Junior/Pre-Teen Acrobatics		
7:30-8:30 Teen/Senior Contemporary	7:30-8:30 Pre-Teen Jazz	7:30-8:30 Teen/Senior Tap	7:35-8:35 Pre-Teen Lyrical	5:30-6:30 Mini Tap	5:20-6:20 Petite Ballet/Tap	7:30-9:00 Teen/Senior Ballet	7:30-8:15 Pre-Teen Contemporary*				
8:30-9:30 Hip Hop Grades 7+		8:35-9:35 Teen/Senior Lyrical	8:35-9:20 Pre-Teen/Junior Strength and Conditioning	6:30-7:30 Mini Ballet	6:30-7:30 Junior Tap	9:00-9:45 Teen/Senior Pointe	8:15-9:00 Junior/Pre-Teen Turns/Jumps/ Leaps				
				7:35-8:35 Teen/Senior Jazz	7:30-8:30 Pre-Pointe						
				8:30-9:15 Teen/Senior Strength and Conditioning							

### Age Breakdown Guideline:

Below please find the recommended age guidelines for our classes. SDC Staff may recommend a different class level based on the student's experience and ability:

- Petite: 1<sup>st</sup> - 2<sup>nd</sup> Grade
- Mini: 3<sup>rd</sup> - 4<sup>th</sup> Grade
- Junior: 5<sup>th</sup> - 6<sup>th</sup> Grade
- Pre-Teen: 7<sup>th</sup> - 8<sup>th</sup> Grade
- Teen/Senior: 9<sup>th</sup> Grade +